



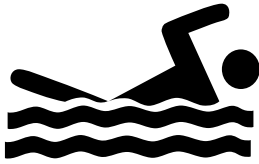
**Marlboro Central School District**

# Adult Education

*Cindy Storno, Adult Education Coordinator*



Fall 2019



## ADULT SWIM LAPS

*Phyllis Trapani*

Take pleasure in a body-friendly hour of freestyle swim laps. Instruction and guidance provided as needed.

**Mondays, October 21 – December 16 • 6-7 PM • \$60  
Marlboro High School Pool**

*(No Class November 11)*



## AN INTRODUCTION TO AMERICAN SIGN LANGUAGE

*Diana Phelps*

In this course, students will learn fingerspelling, numbers, terminology, Deaf culture and history, basic vocabulary, and grammar. Students will also discuss trends in animal and baby sign language. Emphasis is placed on receptive and expressive signing skills. An introduction to the Deaf community will be presented, and students will be given opportunities to participate in the community.

**Wednesdays, October 23 – December 18 • 6-7 PM • \$40  
Marlboro High School Room #10**

*(No Class November 27)*



## CO-ED VOLLEYBALL

*Linda Farrell*

Smile, laugh, and enjoy playing this fun and timeless game.

**Tuesdays, September 24 –  
December 17 • 7-9 PM • \$70  
Marlboro Elementary School  
Gym 3-5**

*(No Class November 5)*



## PEDIATRIC CPR

*Margaret McVeigh*

You'll learn techniques for handling a life-threatening emergency—for example, if a child is choking or isn't moving or breathing because of a fall or a near-drowning. This would be a great class for parents, grandparents, or caregivers. Limited space. A \$25 fee is payable to the instructor if you would like to be certified.

**Wednesday, October 23 • 6:30-8:30 PM • \$20  
Marlboro CSD Central Office**



## YOGA FOR EVERYBODY

*Taura Rutigliano*

This class will guide you through body opening poses, loosening tension and relieving stress while strengthening. Beginners to advanced students welcomed! We will be moving at a slower pace and

holding stretches longer to develop an

awareness of self. Leave relaxed, content, and ready to take on life! Please bring a yoga mat.

**Wednesdays, October 16—December 11  
6:30-7:30 PM • \$35**

**Marlboro Intermediate Cafeteria 3-5**

*(No Class November 27)*

## KNITTING & CROCHETING

*Eleanor Spagnola*

Whatever your skill level, you'll love this class! Bring knitting and/or crocheting needles and whatever yarn you like to class.

**Tuesdays, October 15 – December 17 • 7-9 PM • \$60  
Marlboro High School Media Center**

*(No Class November 5)*



## AUTUMN PLAQUE

Portia Cozzolino

Let's get country crafting and make a wooden sign you can hang in your home. We will adorn the sign with autumn-inspired florals. Bring a glue gun or staple gun if you have one, but this is not necessary, as the instructor will have some to share. A \$39 material fee payable to the instructor is due the night of class.

**Wednesday, October 2 • 6:30-7:30 PM • \$10**  
**Marlboro High School Room #2**

## FLORAL CENTERPIECE

Portia Cozzolino

A fresh floral centerpiece would be a nice touch to your Thanksgiving table, so let's create one together! Students may bring garden cutters if they have them. A \$35 material fee payable to the instructor is due the night of class.

**Wednesday, November 20 • 6:30-7:30 PM • \$10**  
**Marlboro High School Room #2**

## HOLIDAY TABLE RUNNER

Portia Cozzolino

Let's practice creating pretty ribbon bows and have fun decorating our fresh swag/runner with holiday flair. Students, please sign up by November 22 to ensure we have enough materials. Please bring scissors to class. A \$39 material fee payable to the instructor is due the night of class.

**Tuesday, December 3 • 6:30-7:30 PM • \$10**  
**Marlboro High School Room #2**

## EVENING UNDER THE STARS

Robert DeMarco

Tour the Solar System and beyond in the Marlboro High School Planetarium. Explore the night sky beneath the dome, and, if weather permits, through the rooftop telescope observatory.

**Thursday, November 7 • 7-8 PM • \$5**  
**Marlboro High School Planetarium**

## THE DSLR (DIGITAL SINGLE LENS REFLEX) CAMERA

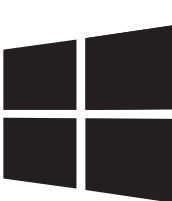
Joel Naselow

You've spent the money, now let's get your money's worth! Learn the features and tools available on the DSLR and get away from the green "auto" setting. You'll be using your camera like a pro!

**Wednesdays, October 23 – November 13**  
**6-7:30 PM • \$30**  
**Marlboro High School Media Center Lab**



## WINDOWS 10 COMPUTER CLASS



Joel Naselow

Afraid and confused about understanding the Windows 10 operating system on your laptop or desktop PC? This course will make those concerns vanish. Simple explanations about how to use your PC within the Windows 10 environment will

help you use your system more safely and efficiently. You do not need to be a technology-savvy student to understand this course.

**Thursdays, October 24 – November 7 • 6-7:30 PM • \$25**  
**Marlboro High School Media Center Lab**

## NAVIGATING THE iPad

Joel Naselow

At the conclusion of this course, you will understand iPad hardware and all of its settings, and be able to connect with the outside world via the internet, social media, etc. Learn how to sync with iTunes to load applications, music, and video with or without the use of a PC. Understand 'Cloud' shortcuts, and applications such as video editing, Facetime, Skype, calendars, etc.

**Mondays, October 21 – November 4 • 6-7:30 PM • \$25**  
**Marlboro High School Media Center Lab**

# iPad

## GED/HIGH SCHOOL EQUIVALENCY

Ulster BOCES

This course is intended to prepare students to pass the GED/High School Equivalency exam. Participants will learn in a welcoming, relaxed, and supportive environment. Must be 18 years or older. Please bring a notebook, folder, pencils, pens, and highlighters.

**Tuesdays & Thursdays • 5-8 PM**

**FREE: Must Register First**

*(Need eight (8) students for class to run)*

**Marlboro High School Media Center**



## LEARN TO SPEAK ENGLISH

Ulster BOCES

Learn to converse in English. Instruction will be in speaking, reading and writing English (includes citizenship education). Must be 18 years or older. Please bring a notebook and pencils.

**Wednesdays • 5-8 PM**

**FREE: Must Register First**

*(Need eight (8) students for class to run)*

**Marlboro High School Media Center**



### Important Class Information

#### NO CLASSES ON THE FOLLOWING DATES

September 30; October 9 & 14; November 5, 11, 27-29; December 23-27, 30 & 31; January 1-3; and any day school or school activities are cancelled.

Check the District website or contact the Office of Adult Education for cancellation information.

#### REFUND POLICY

Refunds for withdrawing from a course will be honored only until the completion of the first class. If you choose to withdraw from a course, you must do so in writing to the Office of Adult Education no later than the day following the completion of the first day of class.

**ALL COURSES FOR SENIOR CITIZENS (65+): NO MORE THAN \$25**

## Marlboro Adult Education Registration Form

—Please complete all contact information—

Name \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ Phone (required) \_\_\_\_\_

Name of Participant	Age	Course	Date/Day/Time	Fee

Please make check/money order payable to: **Marlboro Adult Education**

Mail payment and registration form to:

**Marlboro Central School District  
ATTN: Marlboro Adult Education  
21 Milton Tpke, Suite 100  
Milton, NY 12547**



**All courses for Senior Citizens (65+): no more than \$25**

**PRE-REGISTRATION IS REQUIRED!**

**Courses may be cancelled due to insufficient enrollment: Please register as early as possible!**



Marlboro Central School District

# Adult Education

## Course Offerings



### MARLBORO CENTRAL SCHOOL DISTRICT BOARD OF EDUCATION

*Frank Milazzo, President*  
*Susan Horton, Vice President*  
*Karen Brooks*  
*John Cantone*  
*James Kuha*  
*John Marro*  
*JoAnn Reed*

### SUPERINTENDENT OF SCHOOLS

*Michael Brooks*

[www.marlboroschools.org](http://www.marlboroschools.org)

[cindy.storno@marlboroschools.org](mailto:cindy.storno@marlboroschools.org)

### Take a Class!

We encourage all of our community members to take advantage of the course offerings outlined in this brochure. Wherever your interests lie or whatever your needs may be, there is truly something for everyone. **Sign up today!**

### Teach a Class!

Do you have something to offer the community? Our classes have covered a broad spectrum of interests over the years: areas as diverse as art, music, computer, cooking, health and wellness, photography, etc. If you have knowledge or a skill you would like to share, this may be for you. Please contact the Adult Education Office at (845) 236-8000 x1200 and speak with us about completing an Adult Education proposal form. The personal enrichment of teaching will certainly be felt by students and teacher alike.

### OFFICE OF ADULT EDUCATION

Cindy Storno  
Adult Education Coordinator  
Marlboro Central School District  
21 Milton Tpke, Suite 100  
Milton, NY 12547

(845) 236-8000, ext. 1200  
(845) 795-5908 Fax

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