



Marlboro Central School District

Adult Education

Cindy Storno, Adult Education Coordinator

Spring 2020



ADULT SWIM LAPS

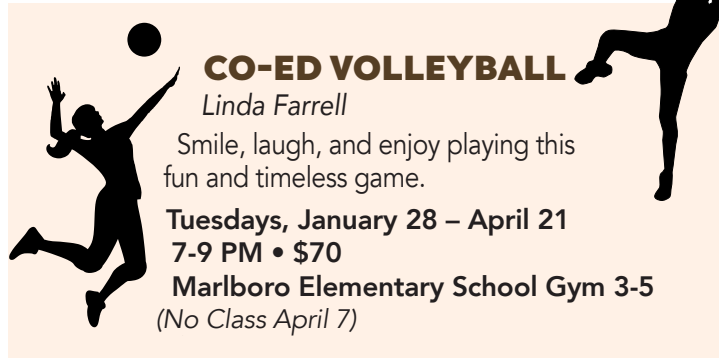
Phyllis Trapani

Take pleasure in a body-friendly hour of freestyle swim laps. Instruction and guidance provided as needed.

Mondays, March 9 – May 18 • 6-7 PM • \$60

Marlboro High School Pool

(No Class April 6)

CO-ED VOLLEYBALL

Linda Farrell

Smile, laugh, and enjoy playing this fun and timeless game.

Tuesdays, January 28 – April 21
7-9 PM • \$70

Marlboro Elementary School Gym 3-5
(No Class April 7)

YOGA FOR EVERYBODY

Taura Rutigliano



This class will guide you through body opening poses, loosening tension and relieving stress while strengthening. Beginners to advanced students welcomed!

We will be moving at a slower pace and holding stretches longer to develop an awareness of self. Leave relaxed, content, and ready to take on life! Please bring a yoga mat.

Wednesdays, March 18 – May 13 • 7-8 PM • \$35

Marlboro Intermediate Cafeteria 3-5

(No Class April 8)

AN INTRODUCTION TO AMERICAN SIGN LANGUAGE



Diana Phelps

In this course, students will learn fingerspelling, numbers, terminology, Deaf culture and history, basic vocabulary, and grammar. Students will also discuss trends in animal and baby sign language. Emphasis is placed on receptive and expressive signing skills. An introduction to the Deaf community will be presented, and students will be given opportunities to participate in the community.

Tuesdays, March 17 – May 19 • 6-7 PM • \$40

Marlboro High School Room #10

(No Class April 7)

PEDIATRIC CPR



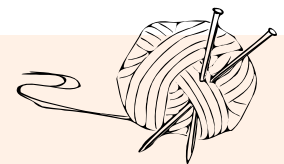
Margaret McVeigh

You'll learn techniques for handling a life-threatening emergency—for example, if a child is choking or isn't moving or breathing because of a fall or a near-drowning. This would be a great class for parents, grandparents, or caregivers. Limited space. A \$25 fee is payable to the instructor if you would like to be certified.

Friday, June 5 • 6-8 PM • \$20

Marlboro CSD Central Office

KNITTING & CROCHETING



Eleanor Spagnola

Whatever your skill level, you'll love this class! Bring knitting and/or crocheting needles and whatever yarn you like to class.

Tuesdays, March 10 – May 19 • 7-9 PM • \$60

Marlboro High School Media Center

(No Class April 7)

EVENING UNDER THE STARS

Robert DeMarco

Spend an evening learning about the night sky in our digital planetarium. Attendees will also get to check out our rooftop

observatory telescope. Objects of interest for the telescope will be Venus with the nearby Moon. Weather permitting.

Thursday, April 30 • 7-8 PM • \$5

Marlboro High School Planetarium



SPRING DÉCOR PLAQUE

Portia Cozzolino

Come create a wooden welcome sign adorned with silk flowers. Bring a glue gun or a staple gun if you have one, but this is not necessary as the instructor will have some to share. Let's welcome spring with your very own creation sure to make you smile! A \$39 material fee payable to the instructor is due the night of class.

Wednesday, March 18 • 6:30-7:30 PM • \$10
Marlboro High School Room #2

EASTER/SPRING FLORAL WREATH

Portia Cozzolino

Smell the fresh cut flowers! Students will make a colorful floral wreath using fresh cut flowers, greenery, colorful eggs, and ribbon. Students may bring garden cutters if they have them. We will learn how to make a pretty bow. Perfect timing to display for Easter or just to welcome the spring weather. A \$39 material fee payable to the instructor is due the night of class.

Thursday, April 2 • 6:30-8 PM • \$10
Marlboro High School Room #2

LANDSCAPE DESIGN CLASS

Portia Cozzolino

Come talk about designing a garden for your home. Ever wonder why your lilac shrub gets fuzzy white leaves or why it's not blooming? Get tips and tricks on what to plant, which plants deer stay away from, disease management, how to plant and care for your plants, and more. Students can bring their questions and a photo of an area they wish to plant and the instructor will share design ideas. Class size will be limited.

Tuesday, April 14 • 6:30-7:30 PM • \$10
Marlboro High School Room #2

PATIO PLANTER

Portia Cozzolino

Come to the patio planter class, where we will plant a lush live planter to spruce up your patio or front porch. Plants will come directly from the greenhouse and the instructor will discuss the choice of plants, the correct way to plant, growth habits, and proper care. A \$29 material fee payable to the instructor is due the night of class.

Monday, May 4 • 6:30-7:30 PM • \$10
Marlboro High School Room #2

PATRIOTIC WREATH

Portia Cozzolino

Want to learn the newest thing in wreaths? Come make a deco mesh wreath. This is a simple and fun way to spend an evening. Show your crafty side with a wreath that can be used to show your patriotism during Memorial Day and the Fourth of July. A \$29 material fee payable to the instructor is due the night of class.

Wednesday, May 20 • 6:30-7:30 PM • \$10
Marlboro High School Room #2

FUSION DANCE TECHNIQUE

Anna Mayta



Experience a truly unique dance class that fuses different dance styles from around the world. Laugh, smile, and sweat while learning combinations that blend the dance styles of India, West Africa, Spain, Latin America, and the United States. This class is geared toward people of all fitness levels, and even those who have no formal dance training will have a great time.

Tuesdays, March 17 – April 28
6:30-7:30 PM • \$35
Marlboro Intermediate Cafeteria 3-5

MOVEMENT & THE SPANISH LANGUAGE

Anna Mayta

This class will enable participants to learn, interpret, and understand the Spanish language through music and dance. The goal of this workshop is for students to be able to develop an understanding of Caribbean/Latin culture, music, and dance. At the same time, they'll acquire simple Spanish vocabulary to use during their travels or in their daily life. The hope is that each participant will leave with love, inspiration, understanding, and excitement to learn more about this beautiful language and Latin cultures.

Tuesdays, March 17 – April 28 • 7:45-8:45 PM • \$35
Marlboro Intermediate Cafeteria 3-5

THE DSLR (DIGITAL SINGLE LENS REFLEX) CAMERA

Joel Naselow



You've spent the money, now let's get your money's worth! Learn the features and tools available on the DSLR and get away from the green "auto" setting. You'll be using your camera like a pro!

Tuesdays, May 5 – May 26 • 6-7:30 PM • \$30
Marlboro High School Media Center Lab

WINDOWS 10 COMPUTER CLASS

Joel Naselow

Afraid and confused about understanding the Windows 10 operating system on your laptop or desktop PC? This course will make those concerns vanish. Simple explanations about how to use your PC within the Windows 10 environment will help you use your system more safely and efficiently. You do not need to be a technology-savvy student to understand this course.



Thursdays, May 7 – May 21 • 6-7:30 PM • \$25
Marlboro High School Media Center Lab

NAVIGATING THE iPad

Joel Naselow

At the conclusion of this course, you will understand iPad hardware and all of its settings, and be able to connect with the outside world via the internet, social media, etc. Learn how to sync with iTunes to load applications, music, and video with or without the use of a PC. Understand 'Cloud' shortcuts, and applications such as video editing, Facetime, Skype, calendars, etc.

Mondays, May 4 – May 18 • 6-7:30 PM • \$25
Marlboro High School Media Center Lab

iPad

GED/HIGH SCHOOL EQUIVALENCY

Ulster BOCES

This course is intended to prepare students to pass the GED/High School Equivalency exam. Participants will learn in a welcoming, relaxed, and supportive environment. Must be 18 years or older. Please bring a notebook, folder, pencils, pens, and highlighters.

Tuesdays & Thursdays • 5-8 PM

FREE: Must Register First

(Need eight (8) students for class to run)

Marlboro High School Media Center



LEARN TO SPEAK ENGLISH

Ulster BOCES

Learn to converse in English. Instruction will be in speaking, reading and writing English (includes citizenship education). Must be 18 years or older. Please bring a notebook and pencils.

Wednesdays • 5-8 PM

FREE: Must Register First

(Need eight (8) students for class to run)

Marlboro High School Media Center



Important Class Information

NO CLASSES ON THE FOLLOWING DATES

April 6-10; May 22, 25;

and any day school or school activities are cancelled.

Check the District website or contact the Office of Adult Education for cancellation information.

REFUND POLICY

Refunds for withdrawing from a course will be honored only until the completion of the first class. If you choose to withdraw from a course, you must do so in writing to the Office of Adult Education no later than the day following the completion of the first day of class.

ALL COURSES FOR SENIOR CITIZENS (65+): NO MORE THAN \$25

Marlboro Adult Education Registration Form

—Please complete all contact information—

Name _____ Email _____

Address _____ Phone (required) _____

Name of Participant	Age	Course	Date/Day/Time	Fee

Please make check/money order payable to: **Marlboro Adult Education**

Mail payment and registration form to:

**Marlboro Central School District
ATTN: Marlboro Adult Education
21 Milton Tpke, Suite 100
Milton, NY 12547**



All courses for Senior Citizens (65+): no more than \$25

PRE-REGISTRATION IS REQUIRED!

Courses may be cancelled due to insufficient enrollment: Please register as early as possible!



Marlboro Central School District

Adult Education

Course Offerings

Spring 2020



MARLBORO CENTRAL SCHOOL DISTRICT BOARD OF EDUCATION

Frank Milazzo, President
Susan Horton, Vice President
Karen Brooks
John Cantone
James Kuha
John Marro
JoAnn Reed

SUPERINTENDENT OF SCHOOLS

Michael Brooks

www.marlboroschools.org
cindy.storno@marlboroschools.org

Take a Class!

We encourage all of our community members to take advantage of the course offerings outlined in this brochure. Wherever your interests lie or whatever your needs may be, there is truly something for everyone. **Sign up today!**

Teach a Class!

Do you have something to offer the community? Our classes have covered a broad spectrum of interests over the years: areas as diverse as art, music, computer, cooking, health and wellness, photography, etc. If you have knowledge or a skill you would like to share, this may be for you. Please contact the Adult Education Office at (845) 236-8000 x1200 and speak with us about completing an Adult Education proposal form. The personal enrichment of teaching will certainly be felt by students and teacher alike.

OFFICE OF ADULT EDUCATION

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