

# Sports Physical Information

**THE PHYSICAL REGISTRATION PROCESS WILL NOW BE COMPLETED ONLINE THROUGH FAMILY ID. PLEASE CLICK ON THE LINK BELOW TO REGISTER AN ATHLETE. FOR HELPFUL INFORMATION ON THE REGISTRATION PROCESS, PLEASE REFER TO THE FILE BELOW.**

**If your child is going to play a school sport, they must have two things on file with the school nurse: Health Appraisal (Physical Exam) and Health History. The student cannot try-out or participate in a sport until they have been cleared by the school health practitioner. By NYS law, no student will be permitted to participate in, or try out for, a sport without this medical clearance. It must be received in advance so school nursing personnel can review student athletes' attendance records and health histories.**

**Students with a Current Health Exam (done within the last year) on file in the nurse's office:**

- **Health History** must be completed by the parent/guardian on **Family ID** (see the link below). It must be updated prior to the start of every season in which they plan on playing.

**Students who need a Health Appraisal (Physical Exam):**

- **Options**
- **1** ~ Student can get a physical from their private doctor, a copy of which must be submitted to the school nurse. The student can bring it to the nurse's office, it can be uploaded onto Family ID, faxed or e-mailed directly to the school nurse.
- **2** ~ Student can get a physical at school from the school physician, free of charge. A **Physical Consent must be completed on Family ID**. School physicals are scheduled on a first come first serve basis on designated days during which the school physician is working in the district.
- **Health History** must be completed by the parent/guardian on FamilyID, use link below. It must be updated prior to the start of every season in which they plan on playing.



Family ID helps finding, sharing, and signing up for programs convenient, secure and easy for both students and parents. The full web address is shown below;

<https://www.familyid.com/organizations/marlboro-central-school-district>

**If you have any questions, please call the Athletic Office at 845-236-5806, the Marlboro High School school nurse at 845-236-5808, or the Marlboro Middle school nurse at 845-236-5843.**