

MARLBORO CENTRAL SCHOOL DISTRICT-CURRICULUM MAP

Subject: Health Curriculum

Grade Kindergarten

Title or Topics (Unit organizing idea)	Concepts (understandings)	Skills (What students actually do)	Resources	Time Frame (Number of sessions)
September - Self-Esteem	<ul style="list-style-type: none"> • Being Special 	NYS Standard 2	- Great Body Shop	1 Session
October - Self-Esteem	<ul style="list-style-type: none"> • Emotions/Feelings 	NYS Standard 2	- Great Body Shop - Puppets - Feelings Chart	1 Session
November - Healthy Habits, Hygiene, Germs, AIDS	<ul style="list-style-type: none"> • Handwashing • Covering Coughs 	NYS Standards 1 & 2	- Book/ "Germs Make Me Sick!" - Book/ "Yikes Lice" - DVD/ "Arthur's Lousy Week" - Hand washing video & Covering Coughs Posters from CDC	1 Session
December - Healthy Habits, Hygiene, Germs, AIDS	<ul style="list-style-type: none"> • Dental 	NYS Standards 1 & 2	- Alligator w/teeth puppet - Tooth Model - Video/Dental Defenders	1 Session
January - Personal Safety	<ul style="list-style-type: none"> • Stranger Safety 	NYS Standards 2 & 3	- Video/ Safe Side - Great Body Shop - Book/ "Never Talk to Strangers"	1 Session
February - Personal Safety	<ul style="list-style-type: none"> • Sexual Abuse/Abduction 	NYS Standards 2 & 3	- What Tadoo Video	1 Session
March - Growth & Development	<ul style="list-style-type: none"> • Your Body 	NYS Standard 2	- Great Body Shop - Book/ "My Body Belongs To Me" - Brain Pop	1 Session
April - Growth & Development	<ul style="list-style-type: none"> • Lungs 	NYS Standard 2	- Great Body Shop - Skeletal Model - Brain Pop	1 Session

Topics (Unit Title or organizing idea)	Concepts (understandings)	Skills (What students actually do)	Major Assessments (Tests, projects, etc.)	Time Frame (Number of weeks)
May - Nutrition/Exercise	<ul style="list-style-type: none"> • Basic Nutrition • Food Pyramid 	NYS Standards 1 & 2	<ul style="list-style-type: none"> - Food Pyramid Model - Video/Food Groupies - Brain Pop 	1 Session
June - Nutrition/Exercise	<ul style="list-style-type: none"> • Exercise 	NYS Standards 1 & 2	<ul style="list-style-type: none"> - Great Body Shop - Brain Pop 	1 Session