

MARLBORO CENTRAL SCHOOL DISTRICT-CURRICULUM MAP

Subject: Health Curriculum

Grade 5

| Title or Topics (Unit organizing idea) | Concepts (understandings) | Skills (What students actually do) | Resources | Time Frame (Number of sessions) |
|--|---|---|--|--|
| September - Self-Esteem | <ul style="list-style-type: none"> • Truth/Lies • Peer Pressure | NYS Standards 2 & 3 | - Great Body Shop | 1 Session |
| October - Self-Esteem | <ul style="list-style-type: none"> • Maturation • What is Puberty | NYS Standard 2 | - Great Body Shop | 1 Session |
| November - Healthy Habits, Hygiene, Germs & AIDS | <ul style="list-style-type: none"> • Handwashing/Bathing • Communicable Diseases • First Aid | NYS Standards 2 & 3 | - Great Body Shop - CDC Materials - American Heart Association Materials | 2 Sessions |
| December - Personal Safety | <ul style="list-style-type: none"> • Decision Making • Stranger Safety • Bullying | NYS Standards 2 & 3 | - Great Body Shop - Brain Pop - DVD/Stop Bullying Now - DVD/Safe Side | 1 Session |
| January - Personal Safety | <ul style="list-style-type: none"> • Sexual Abuse/Abduction • Touches | NYS Standards 2 & 3 | - Great Body Shop - DVD's/What Tadoo & Secrets/Time To Tell | 1 Session |
| February - Growth & Development | <ul style="list-style-type: none"> • Maturation • Reproductive System • Periods | NYS Standard 2 | - Great Body Shop - Brain Pop - Video/Always Changing - Videos/Growing up for Boys & Growing up for Girls | 2 Sessions *Boys & Girls separately |
| March - Growth & Development | <ul style="list-style-type: none"> • Feelings | NYS Standard 2 | - Great Body Shop | 1 Session |
| April - Growth & Development | <ul style="list-style-type: none"> • Alcohol, Tobacco & Drugs | NYS Standards 2 & 3 | - Great Body Shop | 1 Session |

| Topics (Unit Title or organizing idea) | Concepts (understandings) | Skills (What students actually do) | Major Assessments (Tests, projects, etc.) | Time Frame (Number of weeks) |
|---|---|---|--|---|
| May - Nutrition & Fitness | <ul style="list-style-type: none"> ● Food Pyramid ● Childhood Obesity | NYS Standards 1,2 & 3 | - Great Body Shop | 1 Session |
| June - Nutrition & Fitness | <ul style="list-style-type: none"> ● Exercise | NYS Standards 1,2 & 3 | - Great Body Shop | 1 Session |