

MARLBORO CENTRAL SCHOOL DISTRICT-CURRICULUM MAP

Subject: Health Curriculum

Grade 4

Title or Topics (Unit organizing idea)	Concepts (understandings)	Skills (What students actually do)	Resources	Time Frame (Number of sessions)
September - Self-Esteem	<ul style="list-style-type: none"> • Understanding Self • Disabilities 	NYS Standards 1,2 & 3	- Great Body Shop - Brain Pop	1 Session
October - Self-Esteem	<ul style="list-style-type: none"> • Peer Pressure 	NYS Standards 2&3	- Great Body Shop	1 Session
November - Healthy Habits, Hygiene, Germs & AIDS	<ul style="list-style-type: none"> • What's Hygiene • Handwashing • Communicable Diseases 	NYS Standards 2&3	- Great Body Shop - CDC Materials - Brain Pop	1 Session
December - Healthy Habits, Hygiene, Germs & AIDS	<ul style="list-style-type: none"> • Teeth 	NYS Standard 2	- Great Body Shop - Brain Pop	1 Session
January - Personal Safety	<ul style="list-style-type: none"> • Secrets/Telling • How To Say NO • Harassment/Bullying 	NYS Standards 2&3	- Great Body Shop - DVD - DVD/What Tadoo and Secrets	2 Sessions
February - Personal Safety	<ul style="list-style-type: none"> • Your Body • Sexual Abuse/Abduction 	NYS Standards 1,2 & 3	- Great Body Shop - Safe Side Video - Dvd's/Time To Tell & What Tadoo & Secrets	2 Sessions *Boys & Girls separately
March - Growth & Development	<ul style="list-style-type: none"> • Mental Health • Dealing with Stress • Maturation/Periods 	NYS Standards 2 & 3	- Great Body Shop - Girls/"Always Changing Video"	2 Sessions *Boys & Girls separately
April - Growth & Development	<ul style="list-style-type: none"> • Alcohol, Tobacco & Drugs • Education/Prevention 	NYS Standards 2 & 3	- Great Body Shop - Poison Control - Brain Pop	1 Session

Topics (Unit Title or organizing idea)	Concepts (understandings)	Skills (What students actually do)	Major Assessments (Tests, projects, etc.)	Time Frame (Number of weeks)
May - Nutrition & Fitness	<ul style="list-style-type: none"> • Digestive System • Food Pyramid 	NYS Standards 2 & 3	- Great Body Shop - Brain Pop	1 Session
June - Nutrition & Fitness	<ul style="list-style-type: none"> • Exercise 	NYS Standards 1, 2 & 3	- Great Body Shop - Brain Pop	1 Session