

**MARLBORO CENTRAL SCHOOL DISTRICT-CURRICULUM MAP**

**Subject: Health Curriculum**

**Grade 3**

<b>Title or Topics (Unit organizing idea)</b>	<b>Concepts (understandings)</b>	<b>Skills (What students actually do)</b>	<b>Resources</b>	<b>Time Frame (Number of sessions)</b>
<b>September</b> - Self-Esteem	<ul style="list-style-type: none"> <li>Understanding Self</li> </ul>	NYS Standard 2	- Great Body Shop	1 Session
<b>October</b> - Self-Esteem	<ul style="list-style-type: none"> <li>Individuality &amp; Acceptance</li> </ul>	NYS Standards 2 & 3	- Great Body Shop	1 Session
<b>November</b> - Self-Esteem	<ul style="list-style-type: none"> <li>Decisions</li> </ul>	NYS Standards 2 & 3	- Great Body Shop	1 Session
<b>December</b> - Healthy Habits, Hygiene, Germs, Aids	<ul style="list-style-type: none"> <li>Handwashing</li> <li>Bathing</li> <li>Communicable Diseases</li> </ul>	NYS Standards 1, 2 & 3	- HANDY handwashing sheets - CDC posters - DVD/Arthur's Lousy Week - Brain Pop	1 Session
<b>January</b> - Personal Safety	<ul style="list-style-type: none"> <li>Sexual Abuse/Abduction</li> <li>Stranger Safety</li> </ul>	NYS Standards 2 & 3	- DVD/Safe Side - Great Body Shop - DVD's/What Tadoo & Secrets/Time To Tell	1 Session
<b>February</b> - Personal Safety	<ul style="list-style-type: none"> <li>Teasing</li> <li>Bullying</li> </ul>	NYS Standards 2 & 3	- Great Body Shop	1 Session
<b>March</b> - Growth & Development	<ul style="list-style-type: none"> <li>Secrets</li> <li>Feelings/Dealing with anger</li> </ul>	NYS Standards 2 & 3	- Great Body Shop	1 Session
<b>April</b> - Growth & Development	<ul style="list-style-type: none"> <li>Human Body</li> <li>Alcohol, Tobacco &amp; Drugs</li> </ul>	NYS Standards 1, 2 & 3	- Great Body Shop - Poison Control Materials - Brain Pop	1 Session
<b>May</b> - Nutrition/Exercise	<ul style="list-style-type: none"> <li>Food Groups</li> <li>Food Pyramid</li> </ul>	NYS Standards 2 & 3	- Great Body Shop - Brain Pop	1 Session
<b>June</b> - Nutrition/Exercise	<ul style="list-style-type: none"> <li>Exercise</li> </ul>	NYS Standards 1, 2 & 3	- Great Body Shop - Brain Pop	1 Session