

MARLBORO CENTRAL SCHOOL DISTRICT-CURRICULUM MAP

Subject: Health Curriculum

Grade 1

Title or Topics (Unit organizing idea)	Concepts (understandings)	Skills (What students actually do)	Resources	Time Frame (Number of sessions)
September -Self-esteem	<ul style="list-style-type: none"> Bullying 	NYS Standard 2	- Great Body Shop	1 Session
October - Healthy Habits/Hygiene	<ul style="list-style-type: none"> Handwashing Covering Coughs 	NYS Standard 2	- Department of Health & CDC Posters/guidelines - Handwashing demonstration & song - Book/ "Germs, Germs, Germs"	1 Session
November - Healthy Habits/Hygiene	<ul style="list-style-type: none"> Dental Health 	NYS Standards 1 & 2	- Tooth model - Book/ "Andrews Loose Tooth" - Video from Colgate/Dr. Rabbit, The Legend of Tooth Kingdom	1 Session
December - Personal Safety	<ul style="list-style-type: none"> Stranger Safety 	NYS Standards 2 & 3	- The Safe Side Video - Book/ "Berenstein Bears Learn About Strangers" - Book/ "Never Talk to Strangers"	1 Session
January - Personal Safety	<ul style="list-style-type: none"> Sexual Abuse Abduction Prevention 	NYS Standards 2 & 3	- Video/What Tadoo & Secrets - Video/Time To Tell	1 Session
February - Growth & Development	<ul style="list-style-type: none"> Heart 	NYS Standard 2	- American Heart Association Handouts - Great Body Shop - Heart Model Brain Pop	1 Session
March - Growth & Development	<ul style="list-style-type: none"> Lungs 	NYS Standard 2	- Great Body Shop - Skeletal Model - Incredible Human Body Flip Chart	1 Session
April - Growth & Development	<ul style="list-style-type: none"> Alcohol, Tobacco & Drugs 	NYS Standards 2 & 3	- Great Body Shop - Brain Pop	1 Session

Topics (Unit Title or organizing idea)	Concepts (understandings)	Skills (What students actually do)	Major Assessments (Tests, projects, etc.)	Time Frame (Number of weeks)
May - Nutrition & Exercise	<ul style="list-style-type: none"> • Good Nutrition • Food Pyramid 	NYS Standards 1&2	<ul style="list-style-type: none"> - Food Pyramid - Great Body Shop - Book/ "Junk Food" - Brain Pop 	1 Session
June - Nutrition & Exercise	<ul style="list-style-type: none"> • Exercise 	NYS Standards 1 & 2	<ul style="list-style-type: none"> - Great Body Shop - Book/ "Healthy Me" - Brain Pop 	1 Session