

# MARLBORO CENTRAL SCHOOL DISTRICT-CURRICULUM MAP

## **Family and Consumer Science**

**Grade 9, 10, 11, 12**

Course Title **Lifespan Studies**

<b>Title or Topics (Unit organizing idea)</b>	<b>Concepts (understandings)</b>	<b>Skills (What students actually do)</b>	<b>Major Assessments (Tests, projects, etc.)</b>	<b>Time Frame (Number of days)</b>
<p><b>Growth and Development Across the Lifespan</b></p>	<p><b>Investigate how human growth and development are influenced by historical perspectives and developmental theories</b></p> <p><b>Describe the typical developmental roles, responsibilities and tasks characteristic across the lifespan continuum</b></p> <p><b>Analyze principles of human growth and development across the lifespan</b></p>	<p>Identify important historical perspectives that have influenced understanding of human growth and development</p> <p>Identify important developmental theories that have influenced understanding of human growth and development including but not limited to: Maslow, Erikson and Piaget</p> <p>Analyze current contradictions between what is known about human growth and development and practices and conditions existing in society</p> <p>Identify typical developmental benchmarks across the lifespan including but not limited to: prenatal, childhood, adolescence, adulthood, and the elder years</p> <p>Examine physical, intellectual, emotional, social growth and development</p> <p>Examine the interrelationships among physical, intellectual, emotional, social growth and development across the lifespan</p>	<p>Quiz</p>	<p>5</p>
<p><b>Brain Development</b></p>	<p><b>Identify influences that may affect the growth of the brain and central nervous system</b></p> <p><b>Evaluate the impact aging has on the brain and central nervous system</b></p>	<p>Identify major parts of the brain and their basic functions</p> <p>Describe the role nutrition plays on the development of the brain and central nervous system</p> <p>Describe the role physical activity has on the development of the brain and central nervous system</p> <p>Describe the effects sleep has on the brain and the</p>	<p>Research project on nutrition and brain</p> <p>Project on drugs and alcohol and brain development</p> <p>Sleep journal</p>	<p><b>10</b></p>

		<p>central nervous system Recognize the effects drugs have on the brain and central nervous system List environmental hazards that can affect the brain and central nervous system</p> <p>List a variety of mental and physical illnesses that may affect the brain and central nervous system</p> <p>Describe the characteristics and the impact that aging has on the brain</p> <p>Demonstrate an appreciation for positive lifestyle choices and the effects they have on the maturing brain</p>		
<b>Adolescence</b>	<p><b>Explain the principles of growth and development of adolescents</b></p> <p><b>Identify influences that may affect the growth and development of adolescents</b></p> <p><b>Identify strategies that promote the growth and development of personal identity during adolescence</b></p>	<p>Identify physical, intellectual, emotional, and social needs of adolescents</p> <p>Determine the impact of social, economic, and technological forces on adolescent growth and development</p> <p>Identify how consequences of common risk behaviors can effect the growth and development of adolescents Explore ways to define personal identity during adolescence</p> <p>Examine the effects of gender, ethnicity, and culture on personal identity</p> <p>Analyze <i>self</i> in relation to factors including but not limited to: needs, wants, emotions, strengths, weaknesses, and values</p> <p>Explore how providing for the needs and enhancing the lives of others promotes positive personal identity formation during adolescence (e.g., service learning</p>	<p>Development posters</p> <p>Value surveys</p> <p>Who am I packets</p> <p>Goal setting project</p> <p>Communication skills –Public speaking project.</p> <p>Teen issue project</p> <p>Service learning project</p>	<b>20</b>
<b>Adult Years</b>	<p><b>Analyze functions and expectations of various types of relationships</b></p> <p><b>Determine the impact of change and transition during the adult years</b></p>	<p>Explore opportunities and strategies for developing and maintaining relationships in home, work, school, neighborhood, and community settings during adulthood.</p> <p>Analyze how traditions and social norms contribute to healthy adult relationships</p>	<p>Adults as resources project</p> <p>Quiz</p>	<b>17</b>

		<p>Discuss the effects on adults who care for both their children and their aging parents.</p> <p>Explore how providing for the needs and enhancing the lives of others demonstrates teamwork and leadership skills in family, workplace and community settings</p> <p>Describe the effects careers may have on an individual's lifestyle during adulthood Investigate factors to consider during adulthood in order to prepare for retirement</p>	<p>Research adult community organizations</p>	
<b>Elder Years</b>	<b>Analyze conditions that influence physical, mental, social, and emotional health during the elder years</b>	<p>Analyze trends and factors related to life expectancy including gender, ethnicity, lifestyle, and location</p> <p>Explore the influence of physical, mental, social, and emotional health on lifestyle during the elder year</p> <p>Identify different ways to improve or sustain physical, mental, social, and emotional health during the elder years</p> <p>Discuss the role vocation, retirement, and leisure play in promoting physical, mental, social, and emotional health during the elder years</p> <p>Consider the possible losses an older adult encounters during the elder years</p> <p>Explore how enhancing the lives of others in family, workplace and community settings promotes physical, mental, social, and emotional health during the elder years</p>	<p>Quiz</p> <p>What will it look like project</p>	<b>8</b>

<p><b>Current Issues and Events in Lifespan Studies</b></p>	<p><b>Analyze human life issues and events that influence individuals and families across the lifespan</b></p>	<p>Identify human life issues and events that create crises and pose challenges across the lifespan including but not limited to: Employment and Finances, Family Evolution, Health Challenges and Crises, Disabling Conditions, Loss and Grief, Death and Dying</p> <p>Determine possible actions for managing of human life issues and events across the lifespan</p> <p>Identify and evaluate external support systems that provide services for individuals and families experiencing human life issues and events</p>	<p>Quiz</p> <p>Research services available for adults</p>	<p><b>15</b></p>
<p><b>Career Pathways in Lifespan Studies</b></p>	<p><b>Identify and investigate careers in the field of lifespan studies</b></p>	<p>Determine roles and functions of careers in the lifespan studies field</p> <p>Identify careers in the field of lifespan studies</p> <p>Determine how lifespan studies launches the interest and pursuit of variety of entry level, paraprofessional and professional careers</p> <p>.Explore opportunities for employment and entrepreneurial endeavors in the field of lifespan studies</p> <p>Examine education and training requirements for career paths in the field of lifespan studies</p>	<p>Interest survey/ career zone project</p>	<p><b>10</b></p>